



Brought to you by:
Blue Cross and Blue Shield of Alabama

Welcome to healthcare made simple

Teladoc gives you **24/7/365** access to U.S. board-certified doctors through video or phone visits.

It does not replace your primary care physician (PCP) but is an affordable option for quality care.



WHEN CAN I USE TELADOC?

- When you need care now
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip or in the middle of the night
- For short-term prescription refills

TREAT CONDITIONS SUCH AS

- Cold & flu symptoms
- Allergies
- Bronchitis
- Urinary tract infection
- Respiratory infection
- Sinus problems
- And more!

ACCESS TO QUALIFIED DOCTORS

- Practicing PCPs, pediatricians, and family medicine doctors
- Average 15 years experience
- U.S. board-certified and licensed in your state
- Meets National Committee for Quality Assurance (NCQA) standards

IMAGINE waking up with flu symptoms, but you can't get in to see your PCP. What should you do? No worries... With Teladoc, connecting with a doctor is **EASY AS 1-2-3...**

TELADOC has an impressive **92% resolution rate** with patient issues.



STEP 1

REQUEST A CONSULT 24/7/365

Access to Teladoc's nationwide network of board-certified doctors is available via video, phone or mobile app. Once you book and pay for your consult, receipts can be found in your Teladoc account.



STEP 2

TALK WITH A DOCTOR

Within minutes, a state-licensed doctor will review your medical history and contact you via video or phone. Teladoc consults have no time limit so you can speak to the doctor as long as needed.



STEP 3

RESOLVE THE ISSUE

A doctor will diagnose and prescribe medication, if medically necessary, electronically to the pharmacy of your choice. After the consult, health records are updated, payment is processed and you, the member, are satisfied.

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

Talk to a doctor. **Anytime. Anywhere.**



1-855-477-4549



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